

Vietnam: A Journey

A Multimedia Exhibition of Artworks from Four Artists Community Engagement Programming Description

Objective: The work of the four artists will seek to be emotionally healing and intense. The five stages of the **grieving** process will be considered actively during the creation process of the artists: 1) Denial and Isolation; 2) Anger; 3) Bargaining (If only this or that hadn't happened this or that way); 4) Depression; and 5) Acceptance. One or more of these stages may be interpreted in an individual new work created for this exhibition.

Healing the Community: Bringing communities together to share the artwork curated and created to commemorate the Vietnam War, and memories of that time, in a sense to re-experience them, through sharing of stories and images, music and sounds, in this way the senses are able to be able to be cleansed and refreshed for new experiences.

A common thread of **hope** may emerge: "As long as there is life there is hope; as long as there is hope, there is life." – PsychCentral, *The 5 Stages of Loss and Grief*

Significant efforts will be made to invite communities affected by the Vietnam War:

Reaching out to Vietnam Veterans, to help heal Post Traumatic Stress Disorder.

Reaching out to the Vietnamese community for them to remember, and to heal as well.

Reaching out to the general population who either a) may remember this time in history as well, to help them heal, and/or b) to deepen their awareness of the ripple effects of war over the decades, over the centuries.